

# Elk Pride Youth Football Contact Camp



- WHEN:** July 26<sup>th</sup> – July 29<sup>th</sup> (Monday - Thursday)
- TIME:** 6:00 PM -8:00 PM
- WHERE:** Varsity Football Practice Fields
- WHO:** 6th – 8th Grade (2010-2011)
- WHAT:** T-Shirt, Shorts, Helmet, Shoulder Pads  
Football shoes & water bottle.
- COST:** \$70.00 / a camp practice jersey will be provided.

This is a physical and demanding contact camp that will stress the proper techniques of blocking, tackling, and running, throwing, and catching. Our goal is to make every camper who attends a better more knowledgeable football player. The camp will include offense, defense and special teams instruction. **A 7v7 Football Tournament with trophies for the winning teams is included in this year's camp.**

**Make Checks Payable To: Elk River QB Club**

**Download a Registration Form @ [elksfootball.org](http://elksfootball.org) or [eryfa.org](http://eryfa.org)**

**Send form and check to: Elks Football Camps P.O. Box 240, Elk River, MN 55330**

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## 2010 Elk Pride Youth Football Contact Camp Registration Form

CHILD'S NAME \_\_\_\_\_ PARENT'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (H) \_\_\_\_\_ (W) \_\_\_\_\_ Email Address \_\_\_\_\_

Grade (2010-2011) \_\_\_\_\_

*No Refunds*